

RIDGECREST SAMPLE DINING ROOM MENU

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
BREAKFAST	Hickory Smoked Bacon ●■ Sausage Patties ●■ Egg Frittata ● Salsa ●■▼ & Cheddar Toppings ● Grits / Oatmeal ●■▼ Potato Cakes ●■ Biscuits & Gravy Greek Vanilla Yogurt ●, Fruit ●■▼ and Toppings **Also Serving Individual Yogurts, Bagels, Toast, Milk, Juice and Cereal	Hickory Smoked Bacon ●■ Sausage Links ●■ Scrambled Eggs ● Bacon ●■ & Swiss ● Topping Grits/ Oatmeal ●■▼ Hash Brown Potatoes ●■▼ French Toast & Syrup Fresh Fruit ●■▼ **Also Serving Individual Yogurts, Toast, Bagels, Milk Juice, and Cereal	Hickory Smoked Bacon ●■ Sausage Patties ●■ Egg Frittata ● Salsa ●■▼ & Cheddar Toppings ● Grits / Oatmeal ●■▼ Fried Potatoes ●■▼ Biscuits & Gravy Greek Vanilla Yogurt ●, Fruit ●■▼ and Toppings **Also Serving Individual Yogurts, Bagels, Toast, Milk, Juice and Cereal	Hickory Smoked Bacon ●■ Sausage Links ●■ Scrambled Eggs ● Bacon ●■ & Swiss ● Topping Grits/ Oatmeal ●■▼ Tater Tots ●■▼ Waffles & Syrup Whole Fruits ●■▼ **Also Serving Individual Yogurts, Toast, Bagels, Milk Juice, and Cereal	Hickory Smoked Bacon ●■ Sausage Patties ■ Egg Frittata ● Salsa ●■▼ & Cheddar Toppings ● Grits / Oatmeal ●■▼ Potato Cakes ●■ Biscuits & Gravy Greek Vanilla Yogurt ●, Fruit ●■▼ and Toppings **Also Serving Individual Yogurts, Bagels, Toast, Milk, Juice and Cereal
LUNCH	Option 1 Honey Chipotle Chicken ■ Baked Tilapia w/ Herb Butter ● Sweet Potato Casserole Broccoli ●■▼ Biscuits Salad Bar Banana Pudding Option 2 Chicken Tenders ■ Sweet Potato Fries ●■▼ Salad Bar Assorted Cookies	Option 1 Apple Roasted Pork Loin ●■ Meatloaf ■ Mashed Potatoes ● Corn ●■▼ Wheat Rolls Salad Bar Oreo Pie Option 2 Pizza Macaroni and Cheese Salad Bar Chocolate Pudding ●	Option 1 Brunswick Stew ●■ Chicken Adobo ●■ Au Gratin Potato ● Baby Carrots ●■▼ Herb Biscuit Salad Bar Chocolate Cake Option 2 Chicken Sandwich ■ Tater Tots ●■▼ Salad Bar Sopapillas ■▼	Option 1 Cajun Salmon ●■ Swedish Meatballs ■ Egg Noodles ■ Broccoli ●■▼ Herb Biscuits Salad Bar Peach Cobbler Option 2 Hamburger ●■ Potato Chips ●■▼ Salad Bar Funnel Cake Fries	Option 1 Country Fried Steak ■ BBQ Chicken Breast ●■ Sweet Potato Casserole 5 Way Vegetables ●■▼ Corn Bread Salad Bar Cherry Turnovers Option 2 Chicken Salad Croissant Tomato Bisque Salad Bar Chocolate Brownies
DINNER	Option 1 BBQ Beef Brisket ●■ BBQ Pulled Pork ●■ Baked Beans ●■ Southern Style Green Beans ●■ Cornbread Salad Bar Yellow Cake with Chocolate Icing Option 2 Hamburger ●■ Potato Chips ●■▼ Salad Bar Funnel Cake Fries	Option 1 Chicken w/ Mango Salsa ●■ Spanish Pork Chops ●■ Rice Pilaf ●■▼ Prince Edward Island Vegetables ●■▼ Yeast Rolls Salad Bar Lemon Bars Option 2 Chicken Salad Croissant Tomato Bisque Salad Bar Chocolate Brownies	Option 1 Chicken Pot Pie ■ Glazed Ham ●■ Scalloped Potatoes ● Broccoli ●■▼ Yeast Roll Salad Bar Boston Cream Cake Option 2 Chicken Tenders ■ Sweet Potato Fries ●■▼ Salad Bar Assorted Cookies	Option 1 Baked Salsa Chicken ●■ Pulled Pork Mojo ●■ Yellow Rice ●■▼ Black Beans ●■▼ Herb Biscuits Salad Bar Blackberry Cobbler Option 2 Pizza Macaroni and Cheese Salad Bar Chocolate Pudding ●	Option 1 Chicken Cacciatore ●■ Lasagna Pasta Marinara Normandy Blend Vegetables ●■▼ Garlic Bread Salad Bar Orange Pineapple Cake Option 2 Chicken Sandwich ■ Tater Tots ●■▼ Salad Bar Sopapillas ■▼

KEY
 ● GLUTEN FREE
 ■ DAIRY FREE
 ▼ VEGAN



RIDGECREST SAMPLE DINING ROOM MENU

	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
BREAKFAST	<p>Hickory Smoked Bacon ●■ Sausage Links ●■ Scrambled Eggs ● Bacon ●■ & Swiss ● Topping Grits/ Oatmeal ●■▼ Hash Brown Potatoes ●■▼ Pancakes & Syrup Whole Fruits ●■▼</p> <p>**Also Serving Individual Yogurts, Toast, Bagels, Milk Juice, and Cereal</p>	<p>Hickory Smoked Bacon ●■ Sausage Patties ●■ Egg Frittata ● Salsa ●■ & Cheddar ● Toppings Grits / Oatmeal ●■▼ Potato Cakes ●■ Biscuits & Gravy Greek Vanilla Yogurt ●, Fruit ●■▼ and Toppings</p> <p>**Also Serving Individual Yogurts, Bagels, Toast, Milk, Juice and Cereal</p>	<p>Hickory Smoked Bacon ●■ Sausage Links ●■ Scrambled Eggs ● Bacon ●■ & Swiss ● Topping Grits/ Oatmeal ●■▼ Hash Brown Potatoes ●■▼ French Toast & Syrup Fresh Fruit ●■▼</p> <p>**Also Serving Individual Yogurts, Toast, Bagels, Milk Juice, and Cereal</p>	<p>Hickory Smoked Bacon ●■ Sausage Patties ●■ Egg Frittata ● Salsa ●■ & Cheddar ● Toppings Grits / Oatmeal ●■▼ Fried Potatoes ●■▼ Biscuits & Gravy Greek Vanilla Yogurt ●, Fruit ●■▼ and Toppings</p> <p>**Also Serving Individual Yogurts, Bagels, Toast, Milk, Juice and Cereal</p>	<p>Hickory Smoked Bacon ●■ Sausage Links ●■ Scrambled Eggs ● Bacon ●■ & Swiss ● Topping Grits/ Oatmeal ●■▼ Tater Tots ●■▼ Waffles & Syrup Whole Fruits ●■▼</p> <p>**Also Serving Individual Yogurts, Toast, Bagels, Milk Juice, and Cereal</p>
LUNCH	<p>Option 1 Chicken Teriyaki ●■ Sweet & Sour Meatballs ■ Hawaiian Rice ●■▼ Garden Peas ●■▼ Baguette Bread Salad Bar Chocolate Brownies</p> <p>Option 2 Chicken Tenders ● Sweet Potato Fries ●■▼ Salad Bar Assorted Cookies</p>	<p>Option 1 Pork Chops ●■ Chicken Parmesan Scalloped Potato ● Italian Blend Vegetables ●■▼ Breadsticks Salad Bar Strawberry Cheesecake</p> <p>Option 2 Pizza Macaroni and Cheese Salad Bar Chocolate Pudding</p>	<p>Option 1 Beef Stroganoff ● Grilled Chicken ●■ Egg Noodles ■ Broccoli ●■▼ Whole Wheat Roll Salad Bar Banana Pudding</p> <p>Option 2 Chicken Sandwich ● Tater Tots ●■▼ Salad Bar Sopapillas ■▼</p>	<p>Option 1 Blackened Chicken ●■ Grilled Salmon with Lemon Butter ● Dirty Rice ●■▼ Baby Carrots ●■▼ Yeast Rolls Salad Bar Cherry Cobbler</p> <p>Option 2 Hamburger ●■ Potato Chips ●■▼ Salad Bar Funnel Cake Fries</p>	<p>Option 1 Rotisserie Chicken ●■ Beef Stew ●■ Mashed Potato ● Winter Blend Vegetable ●■▼ Wheat Roll Salad Bar Oreo Pie</p> <p>Option 2 Chicken Salad Croissant Tomato Bisque Salad Bar Chocolate Brownies</p>
DINNER	<p>Option 1 Chicken Enchilada Bake Mango BBQ Pork ●■ Mexican Rice ●■▼ Roasted Corn ●■▼ Cornbread Salad Bar Churros</p> <p>Option 2 Hamburger ●■ Potato Chips ●■▼ Salad Bar Funnel Cake Fries</p>	<p>Option 1 Roast Turkey ●■ Shepherds Pie ●■ Corn Bread Stuffing Baby Carrots ●■▼ Yeast Rolls Salad Bar Cherry Cobbler</p> <p>Option 2 Chicken Salad Croissant Tomato Bisque Salad Bar Chocolate Brownies</p>	<p>Option 1 Chicken & Mushroom Sauce ● Fried Catfish Sweet Potato Casserole Garden Peas ●■▼ Garlic Bread Salad Bar Lemon Bars</p> <p>Option 2 Chicken Tenders ■ Sweet Potato Fries ●■▼ Salad Bar Assorted Cookies</p>	<p>Option 1 Pot Roast ●■ Chicken & Broccoli Casserole ■ Au Gratin Potato ● 5 Way Mixed Vegetables ●■▼ Yeast Rolls Salad Bar Apple Turnovers ■</p> <p>Option 2 Pizza Macaroni and Cheese Salad Bar Chocolate Pudding ●</p>	<p>Option 1 Rosemary Pork Loin ●■ Baked Flounder ●■ Wild Rice ●■▼ Green Bean Almandine ●■▼ Herb Biscuits Salad Bar Apple Spice Cake</p> <p>Option 2 Chicken Sandwich ■ Tater Tots ●■▼ Salad Bar Sopapillas ■▼</p>

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